

## Annex A

# **Volunteer Activity Risk Assessment Matrix**

A **volunteer activity risk assessment matrix** for volunteering activities can include the following considerations (See <u>Table 1</u> for an illustration):

- a. Nature of volunteer activity;
- b. Location of volunteer activity;
- c. Number of volunteers and beneficiaries involved (small or large groups);
- d. Level of interaction with beneficiaries and among volunteers (e.g. physical distance, minimal or face-to-face sustained contact); and
- e. Type of beneficiaries (vulnerable or non-vulnerable groups).

**Table 1: Volunteer Activity Risk Assessment Matrix** 

Criteria	Risk Level			
	Low	Moderate	High	
a. Nature of volunteer activity	Backend (i.e. no direct interaction with community/beneficiaries or items for their consumption/use)	Front – facing (i.e. direct interaction with community/beneficiaries or items for their consumption/use)		
b. Location of volunteer activity	Open-air	Well ventilated	Enclosed	
c. Number of volunteers and service users involved	Small-sized groups (i.e. 2 less)	2 persons or	Large-size groups (i.e. 3 persons or more)	
d. Level of interaction between volunteers and service users	No contact	Face-to-face contact up to 15 mins	Face-to-face sustained contact, beyond 15 mins	
e. Type of service users	Non-vulnerable groups	Vulnerable groups		

See <u>Table 2</u> for a list of volunteering activities and proposed continuity plan.

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<sup>&</sup>lt;sup>1</sup> For example, frail elderly, who may be more severely impacted if affected by COVID-19.



Table 2: List of volunteering activities and proposed continuity plan

Category	Volunteer Activity	Risk Level	Response Measure
Helping neighbours	<ul> <li>Neighbourliness efforts such as the purchase of food items or grocery for neighbours in need</li> <li>Checking in on vulnerable neighbours and those living in the same block</li> </ul>	Low	Proceed, up to any two persons
Advocacy and fundraising	<ul> <li>Highlight community needs</li> <li>Rally community support</li> <li>Get people involved in volunteering</li> <li>Call for donations</li> </ul>	Low	Proceed, up to any two persons
Telephonic support	<ul> <li>Befriending vulnerable groups through phone check-ins</li> <li>Outreach on personal hygiene, phone usage, etc.</li> </ul>	Low	
Backend support	Packing of food, essential or care packages for vulnerable groups	Moderate	Inform NCSS for essential aid distribution; refer to sector
Home visits, distribution and outreach activities	<ul> <li>Distribution of daily essential items, meals or care packages (drop off with no interaction)</li> <li>Medical escorts such as accompanying unwell service users to the clinics/hospital [on needs basis only]</li> <li>Home visits and befriending [high needs or critical cases only]</li> </ul>	Moderate	guidelines by relevant authorities
Large Group Communal Activities and External Events	<ul> <li>Organised excursions, outings and participation in external events for vulnerable groups</li> <li>Large group communal activities and mass gatherings in Homes/ Centres involving large groups of external participants/ volunteers</li> <li>External gatherings and events involving vulnerable groups and</li> </ul>	High	Suspend as activity is considered as non-essential and high risk



<del>-</del>	
external participants /	
volunteers regardless of size	



## Annex B

## Online Resources for VHOs

All of us has a part to play to help Singapore overcome the COVID-19 situation. Here are some of the resources that VHOs can tap on to reach out to the community, learn, start an initiative and support their volunteers.

#### Connect

- Platforms to call for support and stay connected with the community:
  - o SG United portal
  - o Giving.sg portal
  - SG Cares App
  - SG United Telegram

#### Learn

- Online training and e-learning courses to equip volunteer managers and volunteers with the necessary skillsets
- Volunteer Management 101: COVID-19 Edition Suggestions to continue engaging existing volunteers and recruit new ones
- NCSS Volunteer Management resources
- <u>City of Good Guide</u> to help others and support causes from home

# **Resource Support**

- Schemes available for individuals who are affected by the COVID-19 situation:
  - The Courage Fund under the NCSS
  - Our Singapore Fund for Digital Readiness under IMDA
  - Workfare Special Payment (WSP) under MOM
  - o COVID-19 Recovery Grant (CRG) under MSF
  - Home Access under IMDA
  - Mobile Access for Seniors under IMDA
  - o IT/Assistive Technology (AT) Loan Library under IMDA



- Funding available (non-exhaustive) to initiate a community projects to help those who are affected by the COVID-19 situation:
  - Our Singapore Fund under the MCCY
  - o Oscar@sg Fund under Temasek Trust
  - IT Solutions under NCSS
- Free Mindfulness Session (30mins) by Brahm Centre to support you and SSAs under your care in staying physically and mentally well
  - o Mindfulness @ Lunch
  - o Unwind @ Sunset

# **Get Help**

- Online counselling services that support mental health and wellness of individuals during COVID-19
  - National Care Hotline (Call the 24-hour hotline at 6202-6868)
  - o eCounselling Centre